

| | |
|--------------|--|
| Patient Name | |
|--------------|--|

| | |
|--------------|--|
| Today's Date | |
|--------------|--|

Please click on the boxes to fill out relevant fields in below cited forms

| Form 4 : SPTSS | | |
|--|--|--------------------------------------|
| Sr. | IN THE BLANK SPACE After EACH QUESTION, PUT A NUMBER TO TELL HOW MUCH THAT THING HAS HAPPENED TO YOU DURING THE PAST TWO WEEKS. Use the drop down list in the blank column to decide which number to put in the blank space. Put "0" if you never had the experience during the past two weeks , and put "10" if it was always happening to you or happened every day during the past two weeks. If it happens sometimes, but not every day, put in one of the numbers between "0" and "10" to show how much. | Scale 0 – 10 (Never to always) |
| 1 | I don't feel like doing things that I used to like doing. | |
| 2 | I can't remember much about bad things that have happened to me. | |
| 3 | I feel cut off and isolated from other people. | |
| 4 | I try not to think about things that remind me of something bad that happened to me. | |
| 5 | I feel numb: I don't feel emotions as strongly as I used to. | |
| 6 | I have trouble concentrating on things or paying attention to something for a long time. | |
| 7 | I have a hard time thinking about the future and believing that I'm going to live to old age. | |
| 8 | I feel very irritable and lose my temper. | |
| 9 | I avoid-doing things or being in situations that might remind me of something terrible that happened to me in the past. | |
| 10 | I am very aware of my surroundings and nervous about what's going on around me. | |
| 11 | I find myself remembering bad things that happened to me over and over, even when I don't want to think about them. | |
| 12 | I get startled or surprised very easily and "jump" when I hear a sudden sound. | |
| 13 | I have bad dreams about terrible things that happened to me. | |
| 14 | I get very upset when something reminds me of something bad that happened to me. | |
| 15 | I have trouble getting to sleep or staying asleep. | |
| 16 | When something reminds me of something bad that happened to me, I feel shaky, sweaty, and nervous and my heart beats really fast. | |
| 17 | I suddenly feel like I am back in the past, in a bad situation that I was once in, and it's like it was happening it all over again. | |
| Score (Please count the above values in each row and write down the result) | | |